




PUEBLO OF POJOAQUE

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MEMORANDUM

TO: Tribal Members and Tribal Employees
FR: GOVERNOR JOSEPH M. TALACHY 
RE: CORONAVIRUS (COVID-19) PRECAUTIONS & Update
DATE: MARCH 12TH, 2020

Update on the COVID-19

New Mexico has 4 presumptive positive test. Two of the individuals are in Socorro county, one in Bernalillo county and one in Santa Fe County, All four contracted the virus from recent travel. Presumptive positive test means New Mexico Department of Health is waiting for confirmation from the CDC that the tests are positive. Currently 129 individuals have been tested. The World Health Organization has declared the COVID-19 outbreak a Pandemic as for March 11th, 2020. Pandemic means that the virus has sustained transmission from person to person and community spread continues.

With consideration to the recent outbreak of novel coronavirus (COVID-19), the Pueblo of Pojoaque is taking precautionary measures to protect the overall health and wellness of the entire Pojoaque Valley. With this in consideration, measures are being taken to mitigate any risk of transmission of coronavirus. Older adults have a higher risk of having a severe form of illness from the COVID-19 virus. We have taken the following measures to help reduce the risk of exposure:

- Had employees who recently traveled to states with cases both work related and personal travel to self-quarantine at home for 14 days.

- Closed Senior Center effective Monday March 16th, 2020. Meals will be provided through meals on wheels program. (Please sign up for this service)
- All out of state travel for tribal employees has been suspended until further notice.
- All social gatherings or events sponsored by the Pueblo of Pojoaque are cancelled for at least the next two-week period while we monitor changing conditions of this pandemic.
- Recommend no personal travel during the next two-week period.
- Memo went out to Tribal Elders recommending they practice social distancing and refrain from facilities with large amounts of people.
- Memo went out to Tribal Employees who are 60+, compromised immune systems, and pregnant women recommending they stay home from work until further notice.

The Pueblo of Pojoaque has developed an emergency response plan for escalating situations related to the COVID-19 virus. This plan will be put into action if situations determine we need to escalate our response. We will continue to update the community as information becomes available. The following internet links can be accessed to get information on the COVID-19 virus:

- New Mexico Department of Health <http://cv.nmhealth.org/>
- CDC <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Also you can sign up for Emergency alerts from Santa Fe County at the following link:

Santa Fe County:

<https://www.smart911.com/smart911/registration/registrationLanding.action?cdnExternalPath=>

According to the World Health Organization and the CDC, the most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell.

Older people, and those with underlying medical problems like high blood pressure, heart problems or diabetes, are more likely to develop serious illness. People with fever, cough

and difficulty breathing should seek medical attention via telephone prior to seeking treatment at a medical facility to prevent the spread of illness.

PLEASE wash your hands frequently and do so with soap and running water for at least 20 seconds. Avoid touching your face, especially your eyes and mouth, as this is a common means of infection. Additionally, please limit social contact beyond what is necessary. This is to protect yourself and others.

Additional precautions the CDC is recommending for the older population are the following:

- Ask healthcare provider for extra supply of necessary medications
- Have over the counter medication to treat fever, cough, flu like symptoms
- Have supply of household items and groceries on hand to stay at home for a period of time
- Avoid close contact with sick individuals
- Develop a plan with family members on who will care for you if you become sick
- Pay attention for potential COVID-19 symptoms including fever, cough, and shortness of breath. If you feel like you are developing symptoms, call your doctor.
- If you develop emergency warning signs for COVID-19 get medical attention immediately. In adults, emergency warning signs*:
 - Difficulty breathing or shortness of breath
 - Persistent pain or pressure in the chest
 - New confusion or inability to arouse
 - Bluish lips or face

For emergency response and emergency management please contact Chief Trujillo at 505-455-2295. For Emergency Administrative management please contact Christina Cartier at 505-455-4565 or 505-615-6734. Please don't hesitate to call with any questions or concerns.